

BCM SCHOOL, CHANDIGARH ROAD, LUDHIANA

A Senior Secondary school of BCM Foundation Affiliated to CBSE, New Delhi Sec-32A, Chandigarh road, Ludhiana

www.bcmschools.org



20 May 2025



Celebrating Visionary Leadership 🖤 and Mentorship in Education

In a proud moment for the education community. Mr. D.P. Guleria. Principal of BCM School, Chandigarh Road, Ludhiana, has been honoured with the Best Mentor Award. The award celebrates his visionary leadership, unwavering dedication, and his instrumental role in fostering a forward-thinking and inclusive learning environment.

Under his mentorship. Ms. Tarveen Kaur. Head Outreach: Career Counselling, has also been recognised with the Rashtriya Shiksha Sanman Award 2025 for her exceptional contribution to the field of career guidance.



Her achievement stands as a testament to the school's strong culture of support and empowerment.

Together, their accomplishments shine a light on the power of effective mentorship and bring immense pride to the entire BCM community. Congratulations to both for this well-deserved recognition!





The Foundational Stage of BCM School. Chandigarh Road. organized a series of engaging activities for UKG students to nurture creativity. confidence, and essential life skills.

In the Recitation Competition, LKG students impressed with expressive poem recitations, enhancing their oratory skills. The UKG Colouring Competition brought out vibrant imagination and fine motor skills, while a fun-filled Lemonade Making Activity taught teamwork, hygiene, and healthy habits.

The joyful events provided a perfect blend of learning and enjoyment for the little ones.





Book Recommendation

#1 INTERNATIONAL BESTSELLER

JOSEPH NGUYEN

Don't Believe Everything You Think



Why your thinking is the beginning and end of suffering FOR SALE IN INDIA ONLY

Discover how to conquer anxiety, selfdoubt. and self-sabotage without depending on motivation or willpower. Don't Believe Everything Vou Think uncovers the core of psychological suffering and offers insights to effortlessly shape the life you crave. Learn to detach from negativity, embrace love and joy, escape negative thought cycles, and tap into inner wisdom. The message is clear: can anyone attain peace. love. and fulfillment, irrespective of their history. It's about rewiring brain. not your but expanding your consciousness for lasting transformation. Within this book, delve into the core of emotional suffering and receive insights on effortlessly curating the life you aspire to.



Thought of the Day:

"Tell me and I forget. Teach me and I remember. Involve me and I learn." – Benjamin Franklin



Health Tip of the Day:

Avoid too much screen time—give your eyes a break every 20 minutes to avoid strain.



This day in History: May 20

1498 – Vasco da Gama reaches India: Portuguese explorer Vasco da Gama arrived in Calicut (now Kozhikode), India, opening the sea route from Europe to Asia.

0161-2225133 BCM SCHOOL, SEC 32A

@bcm32a